Financial Forecasts

Tuesday 06 October 2026

Central banks	2026-10-06	Q4 26	Q1 27	Q2 27	Q3 27	Q4 27	Q2 28	Q4 28
Federal Reserve	4.00	4.25	4.25	4.25	4.25	4.00	3.50	3.50
European Central Bank (ECB)	2.50	2.75	3.00	3.00	3.00	3.00	2.50	2.25
Bank of England	3.75	4.00	4.00	4.00	3.75	3.50	3.25	3.25
Bank of Japan	1.25	1.25	1.25	1.50	1.75	1.75	1.75	1.75
Riksbank	1.75	2.00	2.25	2.50	2.50	2.50	2.25	2.25
Norges Bank	4.50	4.50	4.50	4.50	4.25	4.00	3.75	3.75

2Y Gov**	2026-10-06	Q4 26	Q1 27	Q2 27	Q3 27
United States	4.79	4.90	4.88	4.78	4.58
Germany	3.07	3.34	3.38	3.28	3.19
United Kingdom	4.71	4.70	4.50	4.30	4.10
Sweden	2.71	2.80	2.85	2.80	2.70
Norway	4.88	4.75	4.60	4.50	4.20

**Constant maturity

10Y Gov**	2026-10-06	Q4 26	Q1 27	Q2 27	Q3 27	Q4 27	Q2 28	Q4 28
United States	5.28	5.10	5.05	5.00	4.95	4.80	4.50	4.35
Germany	3.47	3.60	3.50	3.45	3.40	3.35	3.20	3.00
United Kingdom	5.38	5.30	5.20	5.10	5.00	4.65	4.55	4.50
Sweden	3.15	3.30	3.25	3.25	3.30	3.30	3.15	3.00
Norway	4.67	4.55	4.45	4.35	4.30	4.25	4.05	3.80

**Constant maturity

Commodities	2026-10-06	2026	2027	2028
Oil, Brent (USD/Barrel)	105	80	75	70
Natural gas (EUR/MWh, TTF)	74	54	45	30

FX	2026-10-06	1M	Q4 26	Q1 27	Q2 27	Q3 27	1M	Q4 26	Q1 27	Q2 27	Q3 27
EUR/USD	*1.13*	1.13	1.15	1.17	1.19	1.21	*0.3%*	*2.0%*	*3.8%*	*5.6%*	*7.4%*
EUR/SEK	*11.24*	11.20	11.15	11.00	10.80	10.70	*-0.3%*	*-0.8%*	*-2.1%*	*-3.9%*	*-4.8%*
EUR/NOK	*10.78*	10.82	10.85	10.90	10.95	10.90	*0.4%*	*0.7%*	*1.1%*	*1.6%*	*1.1%*
EUR/CHF	*0.94*	0.94	0.94	0.95	0.95	0.95	*0.0%*	*0.0%*	*0.9%*	*1.5%*	*1.5%*
USD/JPY	*158.2*	158	157	156	155	154	*-0.1%*	*-0.7%*	*-1.4%*	*-2.0%*	*-2.6%*
EUR/JPY	*178.3*	179	181	183	184	186	*0.1%*	*1.3%*	*2.4%*	*3.5%*	*4.5%*
EUR/GBP	*0.85*	0.85	0.85	0.86	0.86	0.87	*0.0%*	*0.0%*	*1.3%*	*1.3%*	*2.5%*
GBP/USD	*1.33*	1.33	1.35	1.36	1.38	1.39	*0.3%*	*2.0%*	*2.5%*	*4.2%*	*4.7%*
USD/CAD	*1.42*	1.43	1.42	1.40	1.38	1.37	*0.4%*	*-0.3%*	*-1.7%*	*-3.1%*	*-3.8%*
AUD/USD	*0.70*	0.71	0.72	0.73	0.73	0.74	*1.7%*	*3.1%*	*4.5%*	*4.5%*	*6.0%*
NZD/USD	*0.56*	0.56	0.59	0.60	0.61	0.62	*0.0%*	*5.0%*	*6.8%*	*7.9%*	*9.5%*
EUR/PLN	*4.36*	4.33	4.29	4.28	4.27	4.26	*-0.8%*	*-1.7%*	*-1.9%*	*-2.2%*	*-2.4%*
EUR/HUF	*365*	365	363	362	361	360	*0.1%*	*-0.5%*	*-0.8%*	*-1.1%*	*-1.3%*
EUR/CZK	*24.40*	24.25	24.10	24.03	24.01	24.00	*-0.6%*	*-1.2%*	*-1.5%*	*-1.6%*	*-1.6%*
USD/TRY	*49.18*	50.49	52.00	54.00	56.67	58.33	*2.7%*	*5.7%*	*9.8%*	*15.2%*	*18.6%*
USD/RUB	*85.47*	86	87	88	89	91	*0.3%*	*1.8%*	*3.0%*	*4.1%*	*6.5%*
USD/CNY	*6.71*	6.66	6.60	6.55	6.50	6.50	*-0.7%*	*-1.6%*	*-2.3%*	*-3.1%*	*-3.1%*
USD/INR	*96.43*	96.46	96.50	96.88	97.25	97.63	*0.0%*	*0.1%*	*0.5%*	*0.9%*	*1.2%*
USD/SGD	*1.28*	1.27	1.26	1.26	1.26	1.25	*-0.7%*	*-1.3%*	*-1.5%*	*-1.7%*	*-1.9%*
USD/BRL	*4.97*	5.23	5.25	5.30	5.35	5.40	*5.3%*	*5.7%*	*6.7%*	*7.7%*	*8.7%*

Cross rates	2026-10-06	1M	Q4 26	Q1 27	Q2 27	Q3 27	1M	Q4 26	Q1 27	Q2 27	Q3 27
USD/SEK	*9.97*	9.91	9.70	9.40	9.08	8.84	*-0.6%*	*-2.8%*	*-5.7%*	*-9.0%*	*-11.3%*
NOK/SEK	*1.04*	1.04	1.03	1.01	0.99	0.98	*-0.7%*	*-1.5%*	*-3.2%*	*-5.4%*	*-5.9%*
GBP/SEK	*13.24*	13.20	13.14	12.79	12.56	12.30	*-0.3%*	*-0.8%*	*-3.4%*	*-5.2%*	*-7.1%*
CHF/SEK	*12.01*	11.96	11.91	11.64	11.37	11.26	*-0.3%*	*-0.8%*	*-3.0%*	*-5.3%*	*-6.2%*
CAD/SEK	*7.00*	6.93	6.83	6.72	6.58	6.45	*-1.0%*	*-2.4%*	*-4.0%*	*-6.0%*	*-7.8%*
CNY/SEK	*1.49*	*1.49*	*1.47*	*1.44*	*1.40*	*1.36*	*0.2%*	*-1.2%*	*-3.5%*	*-6.1%*	*-8.5%*
USD/NOK	*9.56*	9.58	9.43	9.32	9.20	9.01	*0.1%*	*-1.3%*	*-2.6%*	*-3.8%*	*-5.8%*
GBP/NOK	*12.70*	12.75	12.78	12.67	12.73	12.53	*0.4%*	*0.7%*	*-0.2%*	*0.3%*	*-1.3%*
CHF/NOK	*11.51*	11.56	11.59	11.53	11.53	11.47	*0.4%*	*0.7%*	*0.2%*	*0.1%*	*-0.3%*
USD/DKK	*6.63*	6.62	6.50	6.39	6.29	6.17	*-0.2%*	*-1.9%*	*-3.6%*	*-5.2%*	*-7.0%*

Forecasts & publications
You find more forecasts and comments at SEB Research

Contacts:
Karl Steiner, Head of Analysis karl.steiner@seb.se
Jussi Hiljanen Chief Strategist, EUR & USD rates jussi.hiljanen@seb.fi
Bjarne Schieldrop Chief analyst, Commodities bjarne.schieldrop@seb.no

Germany

	2026-10-06	Q4 26	Q1 27	Q2 27	Q3 27
Depo	2.50	2.75	3.00	3.00	3.00
3m euribor	2.60	2.93	3.17	3.14	3.13
Constant maturity govt yields					
Ger 2y	3.07	3.34	3.38	3.28	3.19
Ger 5y	3.24	3.41	3.40	3.37	3.32
Ger 10y	3.47	3.60	3.50	3.45	3.40
Actual govt bond yields					
2y 12/2028	3.11	3.33	3.35	3.23	3.11
5y 10/2031	3.24	3.41	3.40	3.35	3.28
10y 8/2036	3.47	3.59	3.49	3.44	3.38
EUR IRS (vs. 6m euribor)					
2y	3.39	3.59	3.63	3.53	3.44
5y	3.46	3.59	3.56	3.52	3.47
10y	3.56	3.64	3.51	3.46	3.40

United States

	2026-10-06	Q4 26	Q1 27	Q2 27	Q3 27
FF upper	4.00	4.25	4.25	4.25	4.25
3m SOFR	4.03	4.18	4.18	4.18	4.18
Constant maturity govt yields					
2y	4.79	4.90	4.88	4.78	4.58
5y	5.02	4.95	4.97	4.89	4.77
10y	5.28	5.10	5.05	5.00	4.95
Actual govt bond yields					
2y 9/2028	4.79	4.83	4.73	4.63	4.43
5y 9/2031	5.02	4.95	4.96	4.88	4.72
10y 8/2036	5.27	5.09	5.04	4.99	4.91
USD IRS (vs. SOFR)					
2y	4.65	4.70	4.68	4.58	4.38
5y	4.74	4.60	4.62	4.54	4.42
10y	4.88	4.67	4.60	4.55	4.50

Sweden

	2026-10-06	Q4 26	Q1 27	Q2 27	Q3 27
Policy rate	1.75	2.00	2.25	2.50	2.50
3m stibor	2.02	2.30	2.50	2.70	2.70
Constant maturity govt yields					
2y	2.71	2.80	2.85	2.80	2.70
5y	2.91	3.04	3.02	2.98	2.95
10y	3.15	3.30	3.25	3.25	3.30
Actual govt bond yields					
2y 5/2028	2.67	2.69	2.78	2.67	2.61
5y 5/2031	2.89	3.00	2.98	2.93	2.86
10y 10/2036	3.15	3.29	3.23	3.21	3.23
SEK swap rates					
2y	2.96	3.00	3.05	3.00	2.90
5y	3.21	3.29	3.17	3.13	3.10
10y	3.41	3.55	3.40	3.30	3.30

Norway

	2026-10-06	Q4 26	Q1 27	Q2 27	Q3 27
Policy rate	4.50	4.50	4.50	4.50	4.25
3m nibor	4.81	4.85	4.80	4.75	4.50
Constant maturity govt yields					
2y	4.88	4.75	4.60	4.50	4.20
5y	4.74	4.65	4.53	4.45	4.28
10y	4.67	4.55	4.45	4.35	4.30
Actual govt bond yields					
2y 4/2028	4.88	4.75	4.65	4.55	4.30
5y 8/2030	4.82	4.73	4.60	4.51	4.25
10y 6/2036	4.67	4.55	4.45	4.35	4.28
NOK swap rates					
2y	5.29	5.15	5.00	4.90	4.60
5y	5.01	4.90	4.78	4.70	4.53
10y	4.77	4.65	4.55	4.45	4.40

Denmark

	2026-10-06	Q4 26	Q1 27	Q2 27	Q3 27
Policy rate	2.10	2.35	2.60	2.75	2.75
3m cibor	2.56	2.65	2.90	3.05	3.05
Constant maturity govt yields					
2y	2.85	3.04	3.08	2.98	2.89
5y	3.03	3.19	3.18	3.15	3.10
10y	3.31	3.40	3.30	3.30	3.25
Actual govt bond yields					
2y 11/2028	2.87	2.95	2.88	2.79	2.68
5y 11/2031	3.04	3.19	3.18	3.12	3.05
10y 11/2035	3.28	3.37	3.28	3.26	3.20
DKK swap rates					
2y	3.47	3.53	3.57	3.47	3.38
5y	3.62	3.64	3.63	3.60	3.55
10y	3.73	3.72	3.62	3.62	3.57

United Kingdom

	2026-10-06	Q4 26	Q1 27	Q2 27	Q3 27
Bank rate	3.75	4.00	4.00	4.00	3.75
3m SONIA	3.93	4.15	4.10	4.00	3.70
Constant maturity govt yields					
2y	4.82	4.78	4.53	4.29	4.01
5y	4.92	4.88	4.69	4.52	4.37
10y	5.37	5.28	5.16	5.03	4.91
Actual govt bond yields					
2y 5/2029	4.82	4.78	4.53	4.29	4.01
5y 3/2031	4.92	4.88	4.69	4.52	4.37
10y 7/2036	5.37	5.28	5.16	5.03	4.91
GBP IRS (vs. SONIA)					
2y	4.63	4.55	4.35	4.15	3.95
5y	4.72	4.75	4.60	4.45	4.35
10y	4.91	4.85	4.75	4.65	4.55

Note: Constant maturity govt bond yields are interpolated from govenment yield curves. Actual govt bond yields take into account bonds becoming shorter over time.

10y spread vs. Germany (constant mat govt yield)

	2026-10-06	Q4 26	Q1 27	Q2 27	Q3 27
US	180	150	155	155	155
Swe	-33	-30	-25	-20	-10
Nor	119	95	95	90	90
Den	-17	-20	-20	-15	-15

This report is produced by Skandinaviska Enskilda Banken AB (publ) for institutional investors only. Information and opinions contained within this document are given in good faith and are based on sources believed to be reliable, we do not represent that they are accurate or complete. No liability is accepted for any direct or consequential loss resulting from reliance on this document Changes may be made to opinions or information contained herein without notice. Any US person wishing to obtain further information about this report should contact the New York branch of the Bank which has distributed this report in the US. Skandinaviska Enskilda Banken AB (publ) is a member of London Stock Exchange. It is regulated by the Securities and Futures Authority for the conduct of investment business in the UK.